

## **ELSA - Emotional Literacy Support Assistant**

Effective learning through meeting social, emotional and mental health needs.

### **Are you looking for an effective way to support emotional wellbeing in your school?**

The ELSA programme is an evidence informed nationally recognized approach to supporting children and young people with social and emotional needs. Once trained by our highly experienced EP's, ELSAs can become an integral part of your school's approach to supporting these vulnerable pupils.

#### **Benefits of investing in emotional wellbeing:**

- Improvements in academic attainment
- Enhance staff and pupil relationships
- Decreases in mental health issues
- Reductions in the incidents of challenging behaviour

'... the skills/knowledge gained are fantastic for applying or even slotting into existing practice.'

#### **How to get the best out of the ELSA programme – best practice:**

- ELSA becomes a whole school ethos and is guided by the principles of the ELSA network.
- ELSA trainees have the full support and backing from the senior leadership team and staff.
- The school appoints a line manager to their ELSA who is knowledgeable about social, emotional and mental health needs.
- The school is committed to allocating resources and time to support the planning and delivery of ELSA

Further information about ELSA can be found on the attached flyers, [www.futuresinmind.org](http://www.futuresinmind.org) and the ELSA Network [www.elsanetwork.org](http://www.elsanetwork.org)

**Join the 59 ELSA's Futures in Mind have trained across Lincolnshire and Rutland**

**Cost of a place for five days of training and four supervision sessions - £595 per place**

**Cost includes all relevant materials, lunch, refreshments and sweets!**

'I thoroughly enjoyed the course and found it informative and inspiring.... Thank you for all your teaching; for inspiring me to step knowledgeably out of my 1:1 role; for making the course days fun and for all the sweets!'

## BOOKING FORM

**Venue:** The Olde Barn Hotel, Grantham, Toll Bar Road, Marston, Lincolnshire NG32 2HT. Tel: 01400 250909

<https://theoldebarnhotel.co.uk/>

Wednesday, 6<sup>th</sup> November 2019, 9.30am – 4.00pm (Line Managers presentation 3.00 -4.00pm)

Wednesday, 20<sup>th</sup> November 2019, 9.30am - 3.30pm

Wednesday, 4<sup>th</sup> December 2019, 9.30am - 3.30pm

Wednesday, 15<sup>th</sup> January 2020, 9.30am - 3.30pm

Wednesday, 29<sup>th</sup> January 2020, 9.30am - 3.30pm

Attendance at **four** 2 hourly supervision sessions over two school terms following the training input. Dates to be decided on training day 5.

(To be awarded the ELSA certificate full attendance is required at all training and supervision dates. Futures in Mind will endeavor to support individuals who miss training days due to unforeseen circumstances)

*please note that registration is from 9.00 - 9.30, with the course starting at 9.30*

NAME:	
SCHOOL:	
ADDRESS and CONTACT DETAILS, including email:	

Dietary considerations:

BANK: HSBC

PAYMENT: payment of £595

sort code: 40-43-05

account number: 61550543

**PLACES ARE LIMITED SO PLEASE BOOK EARLY**

**Any queries, please do not hesitate to get in touch**

**[Russell@futuresinmind.org](mailto:Russell@futuresinmind.org) or [Emma@futuresinmind.org](mailto:Emma@futuresinmind.org)**