

## **ELSA - Emotional Literacy Support Assistant**

Effective learning through meeting social, emotional and mental health needs.

### **Are you looking for an effective way to support emotional wellbeing in your school?**

The ELSA programme is an evidence informed nationally recognized approach to supporting children and young people with social and emotional needs. Once trained by our highly experienced EP's, ELSAs can become an integral part of your school's approach to supporting these vulnerable pupils.

#### **Benefits of investing in emotional wellbeing:**

- Improvements in academic attainment
- Enhance staff and pupil relationships
- Decreases in mental health issues
- Reductions in the incidents of challenging behaviour

'... the skills/knowledge gained are fantastic for applying or even slotting into existing practice.'

#### **How to get the best out of the ELSA programme – best practice:**

- ELSA becomes a whole school ethos and is guided by the principles of the ELSA network.
- ELSA trainees have the full support and backing from the senior leadership team and staff.
- The school appoints a line manager to their ELSA who is knowledgeable about social, emotional and mental health needs.
- The school is committed to allocating resources and time to support the planning and delivery of ELSA

Further information about ELSA can be found on the attached flyers, [www.futuresinmind.org](http://www.futuresinmind.org) and the ELSA Network [www.elsanetwork.org](http://www.elsanetwork.org)

**Join the 59 ELSA's Futures in Mind have trained across Lincolnshire and Rutland**

**Cost of a place for five days of training and four supervision sessions - TBC**

Cost includes **all** relevant materials.

'I thoroughly enjoyed the course and found it informative and inspiring.... Thank you for all your teaching; for inspiring me to step knowledgeably out of my 1:1 role; for making the course days fun and for all the sweets!'

## INFORMATION FORM

### Venue

Branston Community Academy, Station Rd, Branston LN4 1LH.  
Phone: 01522 880400

### When

**DAY 1:** Tuesday, 24<sup>th</sup> September 2019, 9.30am – 4.00pm (Line Managers presentation 3.00 -4.00pm)

**DAY 2:** Tuesday 8<sup>th</sup> October 2019, 9.30am - 3.30pm

**DAY 3:** Tuesday 29<sup>th</sup> October 2019, 9.30am - 3.30pm

**DAY 4:** Tuesday 12<sup>th</sup> November 2019, 9.30am - 3.30pm

**DAY 5:** Tuesday 26<sup>th</sup> November 2019, 9.30am - 3.30pm

Attendance at **four** 2-hour supervision sessions over two school terms following the training input. Dates to be decided on training day 5.

To be awarded the ELSA certificate **full** attendance is required at **all** training and supervision dates. Futures in Mind will endeavor to support individuals who miss training days due to unforeseen circumstances

***Please note that registration is from 9.00 - 9.30, with the course starting at 9.30***

Refreshments are provided though participants will need to *bring their own lunch*

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***PLACES ARE LIMITED SO PLEASE BOOK EARLY  
Any queries, please do not hesitate to get in touch***

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