

ELSA - Emotional Literacy Support Assistant

Effective learning through meeting social, emotional and mental health needs.

Are you looking for an effective way to support emotional wellbeing in your school?

The ELSA programme is an evidence informed nationally recognized approach to supporting children and young people with social and emotional needs. Once trained by our highly experienced EP's, ELSAs can become an integral part of your school's approach to supporting these vulnerable pupils.

Benefits of investing in emotional wellbeing:

- Improvements in academic attainment
- Enhance staff and pupil relationships
- Decreases in mental health issues
- Reductions in the incidents of challenging behaviour

'... the skills/knowledge gained are fantastic for applying or even slotting into existing practice.'

How to get the best out of the ELSA programme – best practice:

- ELSA becomes a whole school ethos and is guided by the principles of the ELSA network.
- ELSA trainees have the full support and backing from the senior leadership team and staff.
- The school appoints a line manager to their ELSA who is knowledgeable about social, emotional and mental health needs.
- The school is committed to allocating resources and time to support the planning and delivery of ELSA

Further information about ELSA can be found on the attached flyers, www.futuresinmind.org and the ELSA Network www.elsanetwork.org

Join the 59 ELSA's Futures in Mind have trained across Lincolnshire and Rutland

Cost of a place for five days of training and four supervision sessions – TBC

Cost includes: all relevant course materials, accompanying handbook (worth £30), and sweets!

'I thoroughly enjoyed the course and found it informative and inspiring.... Thank you for all your teaching; for inspiring me to step knowledgeably out of my 1:1 role; for making the course days fun and for all the sweets!'

COURSE INFORMATION

VENUE

Harington School, Catmose Campus, Huntsmans Drive, Oakham, LE15 6RP. Phone: 01572 772579

DATES

Day 1: Thursday, 5th September 2019, 9.30am – 4.00pm (Line Managers presentation 3.00 -4.00pm)

Day 2: Thursday, 19th September 2019, 9.30am - 3.30pm

Day 3: Thursday, 3rd October 2019, 9.30am - 3.30pm

Day 4: Thursday, 17th October 2019, 9.30am - 3.30pm

Day 5: Thursday, 14th November 2019, 9.30am - 3.30pm

Attendance at **four** 2 hour supervision sessions over two school terms following the training input. Dates to be decided on training day 5.

To be awarded the ELSA certificate **full** attendance is required at all training and supervision dates. Futures in Mind will endeavor to support individuals who miss training days due to unforeseen circumstances.

Please note that registration is from 9.00 - 9.30, with the course starting at 9.30

Refreshments

Refreshments and lunch are to be provided on each training day.

***PLACES ARE LIMITED SO PLEASE BOOK EARLY
Any queries, please do not hesitate to get in touch***

Karen Muir - DirectorPrimary@rutlandta.com

Russell@futuresinmind.org or Emma@futuresinmind.org