

ELSA - Emotional Literacy Support Assistant

Effective learning through meeting social, emotional and mental health needs.

Futures in Mind are a nationally recognised and registered provider of ELSA training. We are the *leading provider* of ELSA training across Lincolnshire and Rutland.

What is ELSA?

The ELSA programme is an evidence informed, nationally recognized approach to supporting children and young people with social and emotional needs. Once trained by our highly experienced EP's, ELSAs can become an integral part of your school's approach to supporting these vulnerable pupils.

Benefits of investing in the ELSA programme:

- Improvements in academic attainment of pupils.
- Enhanced staff and pupil relationships.
- Decreases in mental health issues.
- Reductions in the incidents of challenging behaviour.
- Improved staff confidence, skills and knowledge.

'... the skills/knowledge gained are fantastic for applying or even slotting into existing practice.'

How to get the best out of the ELSA programme – best practice:

- ELSA is most effective when it is part of a whole school ethos.
- ELSAs (trainees) have the full support of the senior leadership team and staff.
- The ELSA is supported by a knowledgeable line manager.
- The school commits resources and time to support ELSA work.

Further information about ELSA can be found at www.futuresinmind.org and the ELSA Network www.elsanetwork.org

Join the 251 ELSA's Futures in Mind have trained across Lincolnshire and Rutland

Training provided by two highly experienced Educational Psychologists

COST: £750 - includes a course handbook and all relevant materials

'I thoroughly enjoyed the course and found it informative and inspiring.... Thank you for all your teaching; for inspiring me to step knowledgeably out of my 1:1 role; for making the course days fun and for all the sweets!'

COURSE DETAILS

Venue

LEARN SEND HUB, Warwick House, Long Bennington Business Park,
Nr. Grantham, NG23 5JR

When

DAY 1: Wednesday 30th September 2026 - 9.30-3.30pm

DAY 2: Wednesday 7th October 2026 - 9.30-3.30pm

DAY 3: Wednesday 4th November 2026 - 9.30-3.30pm

DAY 4: Wednesday 18th November 2026 - 9.30-3.30pm

DAY 5: Wednesday 2nd December 2026 - 9.30-3.30pm

DAY 6: Wednesday 9th December 2026 - 9.30-3.30pm

Registration from 9.00am

Attendance at **four** 2-hour supervision sessions over two school terms following the training input. Dates to be decided on training day 6.

To be awarded the ELSA certificate **full** attendance is required at **all** training and supervision dates. Futures in Mind will endeavor to support individuals who miss training days due to unforeseen circumstances. **Please also note that, for ELSAs to retain their ELSA status, they must attend on-going supervision, as per the guidance from the national ELSA Network steering group. Please ask us about this if you would like to know more.**

Please note that registration is from 9.00 - 9.30, with the course starting at 9.30

Refreshments are provided though participants will need to *bring their own lunch*

PLACES ARE LIMITED SO PLEASE BOOK EARLY

Book here -

<https://www.futuresinmind.org/elsa-courses/>

Any questions / queries, please contact us –

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