



Futures in Mind

bespoke psychological services

ELSA SUPERVISION AND CPD PACKAGE SUPPORTING CONTINUOUS LEARNING AND DEVELOPMENT

*"Supervision can be a place where a living profession breathes and learns...."
Hawkins and Shohet, 'Supervision in the Helping professions'*



Relationships • Respect • Collaboration • Integrity • Inclusion • Equality

At Futures in Mind we recognise the importance of providing high quality supervision and CPD to staff who have accessed the Emotional Literacy Support Assistant (ELSA) programme. As such we are offering a package of four half-day supervision and CPD sessions, led by two highly experienced educational psychologists (Russell Postlethwaite and Emma Clink).



WHY SUPERVISION AND CPD IS IMPORTANT?

ELSAs have received specific, enhanced training to develop their capacity to meet the social and emotional needs of children and young people and supervision forms an integral part of the ELSA programme itself, for very good reason.

The nature of ELSA work, supporting vulnerable pupils, requires ELSAs to access regular, high quality supervision with experienced educational psychologists.

Experience has shown that without on-going supervision and CPD, 'ELSA' intervention morphs into something different, reducing the beneficial impact it can have.

CPD

The CPD content of the sessions will be matched to meet the needs of the group and might cover topics such as:

- Emotion coaching
- Anxiety
- Target setting
- Active listening and reflective conversations

BENEFITS

By providing professional supervision and CPD we can:

- Support ELSAs achieve positive outcomes for children and young people
- Support skill development of ELSAs
- Keep working practices safe
- Fulfil school's duty to staff to support them whilst working with some of the most vulnerable members of the school community.
- Raise awareness of current social, emotional and mental health initiatives
- Provide opportunities to develop problem solving skills
- Support ELSAs in planning evidence-based interventions
- Enhance ELSA's evidenced-based knowledge which they will be able to integrate and apply across your school community.

Our group supervision approach encourages reflection, growth and meaningful personal development through collaborative learning.

THE PACKAGE: SUPERVISION AND CPD

Four half-days of group supervision and CPD delivered by two experienced educational psychologists.

Each half-day session will comprise 1.5 hours of group facilitated supervision and 1.5 hours of CPD.

COST

£160 for four half-day sessions, includes all materials and refreshments.

For further information and a booking form please follow the link www.futuresinmind.org/training-programmes/